



Fitting Instructions

TOWBAR F186U
For Ford Kuga III
2019-

MATERIALS

A	1	Cross Tube
B	1	Side Arm
C	1	Side Arm
D	2	M12 x 45 x 1.75 Bolts, 2 x Plain Washer (Dia.40) and Nyloc Nut
E	2	M12 x 45 x 1.75 Bolts, Plain Washer
F	4	M12 x 45 x 1.75 Bolts, Nyloc Nut
ZE	1	Retractable Electrical Plate
ZN	1	Neck option

FITTING

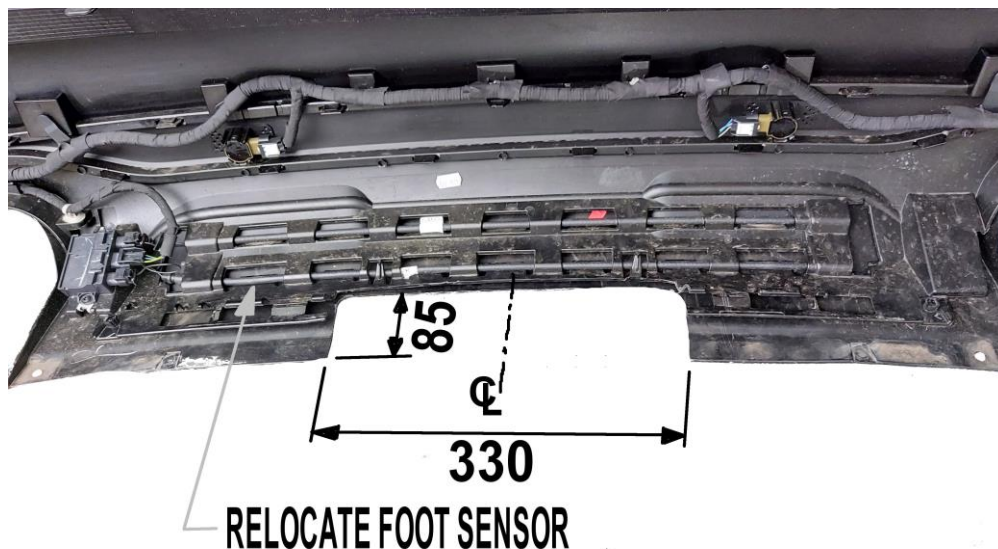
1. Remove rear wheels to improve access to forwardmost mounting points.
2. Unclip the rear half of each wheel arch trim.
3. Unclip rearmost, bottom end of wheel arch trim and remove underlying plastic clips.
4. Remove each light cluster to aid unclipping of top edge of bumper.
5. Remove bumper (tailgate screws, bottom edge screws, bottom corner screws and clips).
6. Remove the plastic bumper support frame from the rear panel to ease access.
7. Remove the bumper beam.
8. Loosely assemble each Side Arm (B & C) inside each chassis rail using fasteners (D & E), placing one of the dia.40 washers as a spacer between the Side Arm face and inside face of each chassis rail, and the other under the head of the bolt.
9. Loosely assembly the Cross Bar (A) to Side Arms (B & C) using fasteners (F).
10. Refit this plastic bumper support frame to the vehicle rear panel.
11. Assemble the chosen Neck kit (ZN), and Retractable Electrical Plate (ZE) to Cross Bar (A) using the respective kit instructions.
12. Cut the bumper and exhaust heat shield, using the diagrams below as a guide.
13. Refit the bumper.
14. **Fully tighten all fasteners**

Recommended torque settings:

Grade 8.8 bolts: M8 - 24Nm, M10 - 52 Nm, M12 - 80 Nm, M14 - 130 Nm, M16 - 200 Nm

Grade 10.9: M12 - 120Nm, M10 - 70Nm M8- 35Nm

Bumper Cut (Viewed from inside bumper)



Heat Shield Cut

