



Fitting Instructions

TOWBAR R89
For LANDROVER 90/110
ADJUSTABLE HEIGHT
1984 – JULY 1998

MATERIALS

A	1	Adjustable Slider with international facing to ISO 3853 (BS AU114), with alternative coupling holes or mounting for four hole coupling.
A1	1	Main Support frame (provided with mountings for two electrical sockets)
C	2	Side Bracing Arms
D	4	M12 X 80mm Bolts, Nuts and Lock Washers
D1	2	Spreader Plates
E	4	M10 X 25mm Bolts, Nuts and Lock Washers
P	2	Main Pins with safety clips
CB	2	M16 x 50mm Coupling Bolts, Nuts, Lock Washers

FITTING

1. Loosely attach the Main Support (A1) to the holes provided in the rear frame with Bolts (D) using the Plates (D1) in front of the frame.
2. **110 MODELS:** Attach Side Arms (C) to the existing bolt of the towing eye (fit towing eye on the outside of the chassis).
90 MODELS: Attach Side Arms (C) to the brackets welded on the chassis with Bolts (E).
Attach to the base of the main bracket with Bolts (E).
3. Attach your coupling to the appropriate holes on the Slider (A) and ensure that both Pins (P) are used to attach to the Main Support, with locking clips fitted.
4. Finally tighten all bolts.

The adjustable slider maybe moved up on the support when not towing to improve ground clearance.

Please refer to the vehicle specification for the trailer weight and nose limits, which **must be observed**.

Recommended torque settings: M8 - 27Nm, M10 - 53 Nm, M12 - 95 Nm, M14 - 150 Nm, M16 - 214 Nm

