



Fitting Instructions

TOWBAR VL56U
For Volvo XC40
2018-

MATERIALS

A	1	Cross Bar
B	4	M12 x 35 x 1.75 pitch Bolts, Lock Washers, Plain Washers and Witter Cage Nuts
C	4	Spacer
ZE	1	Retractable Electrical Plate
ZN	1	Neck Kit

FITTING

1. Remove wheel arch liners.
2. Remove Bumper.
3. Remove Steel Bumper Beam.
4. Pre-Assemble Witter Cage Nuts (B) to Spacers (C) and faces of the Cross Bar (A) as shown in image below.
5. Insert Cross Bar (A) into the vehicle chassis rails and loosely secure using fasteners (B).
6. Assemble the chosen Neck Option (ZN), safety Chain Plate (SCP) and Retractable Electrical Plate (ZE) to Cross Bar (A) using separate Fitting Instructions from each kit.
Note: If fitting a detachable neck, use 2-off fasteners supplied with the neck and the 2-off longer fasteners supplied with Electrical Plate Kit (SCP) on Safety Chain Plate side.
7. Fully tighten all fasteners.
8. Cut bumper using diagram below as a guide and refit to vehicle.

Recommended torque settings:

Grade 8.8 bolts: M8 - 24Nm, M10 - 52 Nm, M12 - 80 Nm, M14 - 130 Nm, M16 - 200 Nm

Grade 10.9: M12 - 120Nm, M10 - 70Nm M8- 35Nm

